



2026 K/1st Grade Basketball Rules

1. The score is not kept.
2. Ball size is 27.5 inches.
3. Goal height is 8 feet.
4. Teams will play 3v3 or 4v4 (coaches choice) on a 35' x 65' court (mini-courts running North-South).
5. Each team receives one (60-second) time-outs per half.
6. Both teams will have a ten minute warm-up with their team coaches.
7. The game shall consist of four 6 minute quarters. The clock is continuous and is kept by the official. One minute between 1st-2nd quarter & between 3rd-4th quarters. Half-time will be 3 minutes long.
8. Substitutions are made on time-outs, at the 3 minute mark (or closes dead ball to the 3 minute mark) of each quarter, and at the end of the 1st & 3rd quarters; at which time the official will signal coaches for substitutions when a stoppage point is reached. The clock will stop during substitutions and will resume once the ball is back in play. Each player shall play approximately 50% of each game. **There will be a minimum of 3 players on the court. If one team is shorthanded and playing with 3,** it is okay to barrow players; or the opposing team **WILL** play shorthanded with 3 as well. This helps with equalizing touches for equal playing time.
9. Defense may only be played after the opposing team crosses half court. Defense must retreat 10ft past the half court line once possession has changed. ***"Double-teaming the offensive player with the ball may only occur inside the three point arch."***
10. All fouls are non-shooting fouls.
11. To start the game, the visiting team assumes first possession of the ball at half-court. Alternating possession will be used from then on.
12. The black/white reversible jersey must be worn during the game.

Emphases at the Pee Wee Level:

Playing experience and teaching rules. Instruction will be provided to players by the official regarding any fouls or infractions. Fouls will be called when they are "plain to see" by the official. Enforcement will become more consistent as season progresses and as player understanding of the rules deepens. Traveling will not be allowed if the violation gives the dribbler an advantage. Encourage not to move their feet when not dribbling. Only one double dribble will be allowed as long as the player dribbles with one hand while moving with the ball. **Encourage not to double dribble.**

Infraction/Foul emphases:

Traveling, double dribble, reaching, hacking, and pushing. Throw-in will be near the point of infraction/foul.

Flagrant fouls and other misconduct: The official has the discretion to sub-out offending player(s).

Alamosa Family Recreation Center Rules:

Non-members of the AFRC have restricted access to the facility; they will only be allowed into the gymnasiums for spectating and have use of the restrooms on game and practice days. Non-members are welcome to pay the appropriate daily use fee to enjoy full access to the facility. Children not participating in Parks & Recreation basketball programs must be under the close supervision of an adult at all times, not disrupt practices and must be seated next to their parents at all times. Children 15 years old and under are not allowed on the upper track unsupervised. Track is only open to members who are there to walk/jog for their workout. Basketball spectators are not allowed to watch practices/games from the track as it is a safety policy.